

Call

"and he sent them out to preach the kingdom of God and to heal." (Luke 9:2)

Jesus sent followers out to do what was essential: to share Good News and to bring healing to a hurting world. As present-day disciples, we are called upon to continue Christ's compassionate ministry. Each year, women of the Synod of the Northeast gather to respond to the call of the Great Healer. Together, through study, silence, sacrament, and sharing, we find a deeper understanding of God, self, and one another as we embrace the nurturance of a committed and caring community.

HEALING RETREAT

WATER OF LIFE



Elia Rose Gallella

**Friday May 2 4:00pm to
Monday, May 5, 2008 1:00pm
Three Nights**

**St. Joseph by the Sea
South Mantoloking, NJ**

Sponsored by Presbyterian Women in The Synod of the Northeast

Theme: - Water of Life

Genesis tells us that, out of the "watery chaos" life was born. Our own Book of Order reminds us that, through the waters of baptism, we are given "new life." Jesus declared, "Unless I wash you, you have no share with me." And, the Book of Revelation offers the hope that God's children will be guided "to springs of the water of life," where "God will wipe away every tear from their eyes." Water imagery abounds in the language of our faith. The healing properties of water have long been celebrated. Join us, as we gather by the sea, for a time of healing and reflection, to consider the restorative powers of water for our spiritual and physical wellbeing.

All rooms are single (stairs required)

Extended times of silence are observed

Scholarship funds have been applied to the price, so all registrants benefit.

REGISTRATION LIMITED – 13 Participants

A \$100 deposit reserves a space

Make check out to: **PWSNE**

Include name, address, phone, e-mail and indicate if special needs exist

**Room, Board, and Body Work - \$370.00
(all inclusive)**

Mail: Jane K. MacDonald
36 Carriage Lane
Newton, NJ 07860

Retreat Information
Rev. Susan L. Gleason
slgleason@comcast.net
508-932-6195

Registration contact
Jane K. MacDonald
jkmac@nac.net
973-383-4166

(Tear here & mail)

REGISTRATION FORM (Please print)

Full Name:	Daytime Phone:
Complete Address:	Emergency Phone & Contact Person:
e-mail Address:	

Facilitators

Donna Bassett, a Reiki Master/Teacher is the owner of Lifecycles, a Holistic Practice located at the Wellness Spa in Glens Falls, New York. Donna has worked in the healthcare field for over 23 years and has seen first hand how preventative rather than curative healthcare should be used as a blueprint for wellness. Donna strives to empower everyone to take responsibility for their own health and well-being by focusing on a “wholeness” approach to maintaining balance and harmony of body, mind and spirit through the ever-changing cycles of life. She has shared her gifts as a holistic teacher/facilitator at healing retreats, hospitals, schools, colleges and seminars. Donna feels that Reiki isn’t just something she does, but rather the way she lives her life: with unconditional, non-judgmental love and compassion for everyone she meets.

Susan L. Gleason is an ordained Minister of the Word and Sacrament of the Presbyterian Church, USA, and a member of the Presbytery of Boston. She has served as a pastor, associate pastor, and Christian Education Director. A firm believer that the Bible is not merely “an ancient text” but “The Living Word” whose message is powerful, provocative and applicable to each of us, Susan enjoys sharing its message of hope and healing through worship, songwriting, dramatic arts, prayer and study. A mother of three, she resides with Charlie, her husband of 28 years, and their dog, Caesar. Her hobbies include long-distance cycling and crocheting.

Nydia H. Mitchell, a former international executive, knows first-hand how everyday pressures can effect our essence spirit. As a Reiki Master, co-active Spiritual/Life Coach, Retreat Coordinator and Nutritional Advisor, among other things, she works with individuals to acknowledge and gently guide self-love and healing. Nydia has a passion for laughter, loves to cook, grows her own food, and brings her work as a visual artist to her spirituality. Through her knowledge of nature’s gifts, she will contribute to our discussion on healthy, creative living and self-care. Nydia believes that “How and what we feed our Spirit, Mind, and Body will define us. - It is when we create for God’s highest healing good, with Purpose and Passion, that Life becomes Joyous”.

Linda L. Thompson, BS, LMT is a graduate of the CNW School of Massage Therapy in Colonie, NY. She is also a Reiki Master and Craniosacral practitioner. She offers an integrative approach combining Swedish and Therapeutic Massage, intuitive bodywork and prayer. She states...."As human beings, we are much more than our physical body. We are BODY/MIND/SPIRIT. My intention is to create a safe and nurturing environment for everyone that I touch and to honor, respect and treat the whole person." She loves movement and dance of all kinds, from Tai Chi to Salsa and has led events that empower women to connect spiritually through meditation, sound and movement. Healing through sound has been a passion for many years and she has produced a CD called Soul Songs which is a transformational CD for healing and meditation.

Water of Life

*Water of life, wash away fear,
cleans me of doubt,
make my way clear,
nurture me, nourish me that I may grow,
filled by your life force, 'til I overflow
spilling the Spirit that others may be
touched by the water that gives life to me.*

Water of life, wherever you flow

*love, faith and hope and sincerity grow.
May I be claimed by your current of peace.
Awash in your blessings, my joy will increase.
Then, will all those I meet,
by my love come to know
why I sing as I worship,
“O flow, Water, flow!”*

By Susan L. Gleason